



In The News

Enchanted Lake Estates Newsletter

elehoa.com

April 2009

2008-2009 Board of Directors

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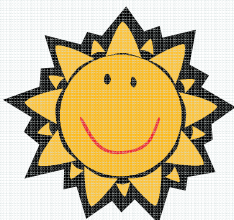
Pool
Mike Gerro

Architecture
Leanne Nelson

Social
Heather Baresh

Tennis
Clark Hellier

Communication
Jean Christenberry



From The President

Submitted by Dwain Brown, ELE President



I hope that everyone in the ELE Community is having a great spring. The annual Easter egg hunt was a great hit again this year and it would have been impossible to ask for better weather for the event. Chalk it up to excellent planning on the part of Heather Baresh and the rest of our talented Social Committee. There are many more events for kids, families and adults coming up this year, so please take note of announcement signs when exiting the neighborhood.

The hard work our Common Grounds Committee put in this

winter is about to pay off big time. Our new lawn maintenance firm, Metroplex Lawn Services, has repaired the sprinkler systems at all three of the entryways and at the clubhouse. Now that the replacement of the clubhouse roof is completed (and the pump house and the dock), the new landscaping in front of the clubhouse will be installed. The same company will be refreshing the landscaping at all three of the entryways also. We have not scheduled a formal maintenance day this year, but there are plenty of odd jobs to do if you would like to log

some community hours sprucing up our common grounds.

With spring in the air, pool season cannot be very far away! The Pool Committee has already been hard at work preparing for this year's pool season. The interior and exterior repairs to the clubhouse, including the roof, are completed and minor maintenance repairs to the pool are underway.

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It's Garage Sale Time!

Submitted by Jean Christenberry, Communication Board Member



It's finally here! The event you have been waiting for. The Annual ELE Garage Sale and Neighbor Preview Night.

Friday, April 24th will be the Neighbor Preview

night where ELE neighbors will preview garage sale inventories for the best deals.

Saturday from 8-1pm will be the garage sale event—maps and balloons will be

available and signs will direct the general public through the neighborhood.

Check out the back page of this newsletter for more details and join in the fun!

Tennis For The Health Of It From an article by Dr. Jack Groppe



We've all heard tennis referred to as the "sport for a lifetime." But, is this really true?

According to world-renowned scientists from a variety of disciplines, there is no doubt that tennis can improve your overall health, including your mental and physical fitness.

Here are the facts:

- People who participate in tennis three hours per week at a moderately vigorous intensity cut in half their risk of death from any cause, according to the late Dr. Ralph Paffenbarger, who was
- an internationally recognized exercise authority and studied more than 10,000 people for 20 years.
- Tennis players scored higher in vigor, optimism and self-esteem while scoring lower in depression, anger, confusion, anxiety and tension than other athletes and non-athletes, according to Dr. Joan Finn and colleagues at Southern Connecticut State University.
- Since tennis requires alertness and tactical thinking, it may generate new connections between
- nerves in the brain and promote a lifetime of continuing development of the brain, reported scientists at the University of Illinois.
- Tennis outperforms golf and most other sports in developing positive personality characteristics, according to Dr. Jim Gavin, author of "The Exercise Habit."
- Competitive tennis burns more calories than aerobics or cycling, according to studies in caloric expenditures.

Tennis is truly the sport for a lifetime. The proof is in the playing.

Tennis Lessons Anyone?

Submitted by Clark Hellier, Tennis Board Member

We have had several requests by ELE residents for a tennis instructor.

Scott Schlesinger (nephew of ELE's Cathy Taylor, former Martin High School player and current collegiate scholarship player) is available to teach

tennis lessons this summer at the ELE tennis court or Martin High School.

Scott is back in town after May 20th. Contact Scott to set up your tennis lesson at 817-455-5150.



Learning is a treasure that will follow its owner everywhere.

Chinese Proverb

Have Something Interesting To Share?



Do you have information, a picture, or an article that you would like to have considered for the monthly ELE newsletter? We want to hear from you.

Email your information to

jean@christenberry.com and make sure to encourage our young ELE neighbors to share their ideas and information as well. Helpful neighborhood information that encourages our ELE neighborhood pride is always welcome!

Quote of the Day

Mid pleasures and palaces
though we may roam
Be it ever so humble
there's no place like home.

John Howard Payne

Pool Season Reminder

Submitted by Mike Gerro, Pool Board Member



Just a reminder that pool season will be here soon and its not too early to get your pool tags. Remember that it is a requirement to have your pool tag(s) with you when entering the pool area.

Please remember to complete your Pool Tag Form found in your ELE Directory and drop or mail to 7008 Crater Lake to receive your tags before the season begins.

The pool will open Memorial Day Weekend and maintain weekend hours until the last day of school. The pool will open full time the last day of school, June 3, 2009. Please join us the last day of school to officially kick off the summer with our usual splash day celebration.

Pool Splash Day Celebration!

June 3rd



From The President (continued from pg. 1)



We were very excited to learn that our entire crew of lifeguards from last year are planning to return again this year. Please get your pool tags soon and mark your calendars for Splash Day 2009.

ELE has made our first submittal ever to the Arlington Tomorrow Foundation for a matching grant. If we are successful, this safety and security related grant will

allow us to install a privacy fence between the ELE Common Grounds and the Bowman Springs Park, to add lighting to the common ground area, and to install a surveillance system for the parking area outside of the clubhouse. There is a tremendous amount of competition for the available grant money this year, so this is a long shot for us.

In closing, the Board would like to thank Barbara McComb for years of service to the neighborhood and welcome Jean Christenberry as our new Communication Committee Director.

Thank You Barbara!

ELE Women's Club Wrap Up

Submitted by Jean Christenberry, Communication Board Member



The ELE Women's Club wrapped up its service year with a great dinner meeting at Bravo's restaurant in the Highlands. Members reviewed service projects and social events for the 2008-2009 year and discussed plans for next year's events.

Annual ELE Women's Club events include the Christmas Auction and Garage Sale along with area tours, education events, charity fundraising and social gatherings. Our ELE women are indeed a great and giving group!

**Interested in Joining the
ELE Women's Club?**

**Stay tuned for information
about the first 2009 -2010
Service Year meeting in
the Fall.**

**Yellow Balloon and
Map delivery on
Friday 4/24, 6:00-8:00 pm
For The Annual
Garage Sale!**



If you are planning to have a garage sale at your home, please email Jean Christenberry by 4/21 at jean@christenberry.com with your address and any specific items that you want advertised.

Are You Having a Garage Sale?

It's that time again, it's the annual ELE Garage Sale Event and Neighbor Preview Night sponsored by the ELE Women's Club. The Garage Sale will be Saturday, 4/25 from 8am – 1pm. We'll have yellow signs at the three ELE entrances along with yellow balloons at all garage sale homes. Maps with garage sale locations will be available for Garage Sale Shoppers.

Don't have enough items for a garage sale? Want to donate to a good cause? Denise Frank is donating the proceeds of her garage sale to the Susan G. Komen Breast Cancer Fund. Just take your items to 7006 Lake Mead.

Following the garage sale on 4/25, you can take your remaining garage sale items to the ELE clubhouse for pick up by Mission Arlington.



Neighbor Preview Night

We are encouraging all ELE Garage Sale participants and neighbors to make Friday 4/24 a neighbor preview night for our Garage Sale Event. Previewing will be from 6:30-8:30pm. This is the perfect event to let your young "entrepreneurs" try their hand at small business management with lemonade stands and bake good sales. This is a great night to meet and visit with your neighbors. In the past we have had grills going, coolers iced and lots of neighbors walking to check out the special "early bird" garage sale deals.

The Garage Sale Committee of the ELE Women's Club will be delivering yellow balloons, streamers and Garage Sale maps to all participating Garage Sale homes on Friday 4/24 from 6-8pm. Look for the "Yellow Balloon" Car.



*This newsletter is available in color
at www.elehoa.com*

We're on the Web

www.elehoa.com